



**Illinois High School  
Gymnastics Coaches Association, Inc.**  
*www.ihsgca.org*

## **Boys' Gymnastics Winter Clinic - 2009**

**Location:** Rolling Meadows High School  
2901 Central Road  
Rolling Meadows, IL 60006

**Date:** December 4, 2009

**Cost:** Head Coaches \$55.00  
Assistant Coaches \$40.00

**Make checks payable to – IHSGCA**  
Bring to Clinic

**Tentative Schedule:**

8:30 am – 9:20 am	Registration - Breakfast will be provided
9:20 am – 9:50 am	IHSGCA Meeting
9:55 am – 10:40 am	Blaise Blasko: Developing Routines from 2.0 to 6.0 in 10 weeks
10:40 am – 11:25 am	Greg Gebhardt: Pommel Horse
11:30 am – 12:20 am	Lunch
12:30 pm – 2:30 pm	Rules Interpretation—Doug Foerch

Name \_\_\_\_\_ School \_\_\_\_\_

Amount Paid (circle one)      Head Coach \$55      Assistant Coach \$40      Other \$ \_\_\_\_\_

Personal Info				
	street address	city	zip code	phone #
	personal email address			
School Info				
	street address	city	zip code	phone #
	school email address			school fax #